## **Senior Restaurant Dining**

The Senior Restaurant Dining program is a partnership between Otsego County Office for the Aging and local restaurants that offers older adults a unique opportunity to enjoy a meal at a local restaurant in the community.

This innovative program seeks to increase opportunities for socialization and community engagement, provide a nutritious meal with flexibility so participants may dine at various times and days, and support local business.

### Who is Eligible?

Otsego County residents age 60 and older (or spouse of participating senior)



#### How does it Work?

Interested participants must register with Otsego County Office for the Aging to receive meal tickets for a suggested contribution of \$3.50 per ticket.

The participant will present a meal ticket to the wait staff at a participating restaurant prior to ordering. A program specific menu will be provided with meals that meet one third of the daily recommended nutrition requirements.

Instead of paying at the end of the meal, the senior will sign and date the meal ticket which will be retained by the restaurant.

Gratuity is the responsibility of the participating senior.

# Otsego County OFFICE for the AGING

#### For more information:

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www.otsegocounty.com